

## 9º Revezamento de São Francisco - 01/09/2012

## Ritmo (min/km)

Nº	Equipe	Categ.	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	P11	P12	P13	P14	P15	Desconto	TOTAL
			9,1	8,2	4,7	5,5	4,4	5,3	2,8	7	7	6,9	6,7	7,1	5,9	5,1	4,3	TREM	Prova
1	Cepe Araucária	Aberta	03:22	03:19	03:16	03:20	03:08	03:18	05:25	03:38	03:41	03:23	03:42	03:15	03:40	03:00	03:39		05:13:03
2	Urapazi / Sindivesc 1	Aberta	03:51	04:08	03:26	03:25	03:52	03:36	06:01	04:25	03:44	03:41	04:24	03:35	03:41	03:57	04:07		05:53:54
3	Idaten	Aberta	03:22	03:22	03:04	03:27	03:22	03:23	05:22	03:48	03:21	03:31	03:56	03:24	03:20	03:39	03:20		05:16:58
4	Portonave Navegantes Express	Aberta	04:04	03:58	03:47	03:47	03:56	04:20	06:25	04:17	04:18	04:04	04:34	04:01	04:38	03:53	04:10		06:18:33
5	Reunidas Runners Team Ricardo Sardá	Aberta	03:49	03:43	04:17	03:37	03:54	04:07	05:59	03:57	04:26	03:53	04:07	04:14	04:05	03:45	03:54		06:04:07
6	Atturo / Casanova	Aberta	03:57	04:54	04:59	04:42	04:20	03:56	06:07	05:25	05:18	04:20	05:28	05:20	03:58	04:24	05:18		07:10:26
7	4run B	Aberta	04:51	04:07	04:09	04:46	04:14	04:06	07:48	04:35	04:51	04:56	05:05	04:11	04:59	04:13	04:46		07:01:13
8	Portonave MSC Fortunate	Aberta	05:00	04:42	04:31	04:57	05:30	05:12	09:20	05:27	05:17	05:07	06:16	05:30	05:06	04:36	05:56	04:00	07:57:07
9	4run A	Aberta	04:45	04:18	04:09	04:53	04:22	04:12	08:05	05:04	05:02	05:39	05:40	04:16	04:47	04:12	04:54		07:17:38
10	Triamigos	Aberta	04:10	04:50	04:17	03:53	04:11	04:22	06:54	06:04	05:17	04:28	04:33	04:36	05:22	04:21	04:33		07:06:47
11	Brose Running 02	Aberta	04:58	04:15	04:11	04:51	05:21	04:54	08:17	04:34	04:32	05:07	06:39	05:17	05:14	04:08	04:35		07:31:56
12	Natatorium	Aberta	04:26	04:12	04:44	04:38	04:27	05:08	06:25	04:36	05:23	05:01	05:26	05:26	04:17	04:14	05:03		07:15:22
13	42k Assessoria Esportiva Sexteto	Aberta	04:23	04:42	04:18	04:18	04:40	04:42	07:23	05:44	04:54	04:39	05:37	04:43	04:23	04:36	05:06		07:17:03
14	Brose Running 01	Aberta	04:47	04:23	04:13	04:52	05:42	04:43	08:09	05:09	04:58	05:06	06:34	05:04	05:04	04:15	04:50		07:37:18
15	FURUKAWA TERALAN	Aberta	04:53	05:16	04:54	04:44	04:35	05:28	07:44	06:10	05:47	05:04	05:09	05:52	04:49	04:54	05:42		08:00:16
16	Archiprima	Aberta	05:25	04:10	04:52	05:29	05:02	04:36	08:17	04:46	05:30	05:43	05:54	04:41	04:16	05:16	05:45		07:47:07
17	Circulo Militar Do Paraná 1	Aberta	05:07	04:23	04:00	04:34	04:03	05:55	07:12	04:34	04:34	04:31	06:15	04:32	05:16	04:30	04:33		07:18:27
18	Judisporte	Aberta	05:04	04:26	04:04	05:31	05:40	05:53	08:03	05:21	04:34	06:15	07:00	07:02	05:38	04:25	05:43		08:20:27
19	Circulo Militar Do Paraná 2	Aberta	05:18	04:22	04:40	05:05	04:56	04:53	09:26	04:53	05:03	05:21	05:54	05:11	05:39	04:36	05:47		07:52:20
20	Sinprf-pr Masculina	Aberta	05:22	04:27	04:23	04:51	05:49	04:28	09:10	05:02	05:13	05:17	06:36	06:15	05:34	05:04	04:59		08:04:31
21	Clube De Corrida Formacco 2	A.Mista	04:11	03:42	03:43	04:13	04:10	04:12	06:11	04:04	04:07	04:06	04:53	04:01	04:09	03:43	04:32		06:16:44
22	Istepo - As Veras	A.Mista	03:56	03:29	04:04	04:08	04:30	04:35	06:25	03:44	04:37	04:19	05:29	04:56	03:44	03:57	04:12		06:28:28
23	Pe No Asfalto - Konsolle	A.Mista	03:48	04:05	06:22	05:17	03:49	04:00	06:25	04:35	05:39	04:52	04:42	03:34	04:42	03:57	04:07		06:50:37
24	V8 Assessoria Esportiva	A.Mista	03:46	03:35	03:46	04:04	04:47	04:03	06:17	04:02	04:10	04:06	05:51	04:16	03:56	03:46	04:14		06:19:25
25	Energia Pura Mista 1	A.Mista	04:35	04:16	03:36	04:16	04:12	04:51	08:00	04:58	03:49	04:35	05:02	04:45	04:55	03:55	04:38		06:53:00
26	Ultimo Minuto	A.Mista	03:34	04:18	04:25	04:46	03:55	04:24	05:56	04:51	04:54	03:59	05:12	04:22	03:40	03:56	05:03		06:36:50
27	Cr Run	A.Mista	03:38	04:11	04:43	04:35	05:10	06:23	06:14	05:58	05:33	04:50	06:14	06:58	05:36	04:31	04:15		07:48:15
28	Bela Vista - Cinquenta Anos -	A.Mista	04:58	04:48	04:25	05:03	05:09	04:53	08:31	05:44	05:22	05:37	05:31	05:04	05:43	04:48	05:11		07:55:32
29	Cindacta II	A.Mista	04:58	04:19	06:01	03:45	05:53	04:49	09:01	05:00	04:58	05:57	06:57	05:07	05:27	04:16	06:02	01:05	07:58:37
30	Ucaf/ V8 Assessoria	A.Mista	05:30	04:26	04:17	05:32	04:43	05:32	08:57	05:19	04:59	05:59	05:37	05:54	05:48	04:25	05:02		08:03:18
31	FURUKAWA MULTILAN	A.Mista	04:39	04:44	05:32	04:33	04:07	05:25	07:27	04:38	07:01	04:44	06:13	04:28	05:38	05:40	04:56		07:50:47

Ritmo (min/km)																			
Nº	Equipe	Categ.	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	P11	P12	P13	P14	P15	Desconto	TOTAL
32	Istepo - As Brincas	A.Mista	04:48	05:13	04:08	07:11	07:46	06:31	07:46	06:20	04:57	08:01	07:30	03:34	05:54	04:22	05:51		08:47:47
33	V8 Assessoria Esportiva 2	A.Mista	04:59	04:25	03:55	06:01	05:27	05:57	07:56	05:21	04:40	07:02	06:56	05:54	05:07	04:29	04:42		08:11:07
34	Estúdio Mais Saúde	A.Mista	04:27	05:14	04:59	05:03	04:10	04:32	07:37	05:58	06:01	04:59	05:10	04:48	04:42	04:12	05:42		07:38:55
35	Sextetão V8	A.Mista	05:15	04:12	05:17	06:14	05:17	04:39	09:40	04:52	06:06	06:53	06:28	05:00	04:13	05:29	05:17		08:14:42
36	Carçaça Del Diabolo	A.Mista	06:20	05:12	05:13	06:52	04:00	04:31	10:01	05:24	06:01	07:07	04:47	04:39	05:18	04:56	04:34		08:22:17
37	Pés De Chumbo	A.Mista	04:49	05:31	04:49	05:33	05:44	05:46	07:10	06:12	05:43	06:20	06:51	05:52	05:20	06:17	05:38	02:41	08:37:43
38	Firme Na Paçoca	A.Mista	05:44	05:30	04:54	04:55	04:46	05:29	08:54	07:07	05:37	05:45	06:12	05:39	05:58	04:50	06:03		08:38:40
39	Energia Pura Mista 2	A.Mista	04:37	05:08	05:36	06:54	05:14	05:26	08:32	05:58	06:48	08:33	05:55	05:16	04:40	05:02	05:48		08:47:48
40	A Fitness 1	A.Mista	04:40	05:40	05:18	05:17	06:29	05:48	07:33	06:36	06:03	05:34	09:31	05:57	04:33	05:45	06:14		08:59:23
41	A Fitness 2	A.Mista	04:26	04:46	05:25	04:08	06:25	04:57	07:24	05:05	06:03	04:19	08:11	05:05	04:43	04:36	05:06		07:54:29
42	Bate Cadarço	Fem.	05:03	04:27	04:46	05:28	04:26	04:23	08:48	04:49	05:29	05:29	05:27	04:19	05:03	04:35	04:48		07:33:15
43	Victoria Secrets Team	Fem.	04:50	05:33	05:08	05:32	04:48	05:49	08:50	06:41	05:51	05:54	06:02	06:33	05:14	05:18	06:04		08:40:07
44	Gatas Ligeiras	Fem.	05:05	04:40	04:16	05:40	04:53	06:38	08:54	05:25	04:50	05:43	05:56	04:53	05:07	04:37	05:23		07:59:55
45	Caveririnhas	Fem.	06:00	04:47	04:57	05:01	04:31	04:48	09:04	05:35	05:10	04:59	05:29	05:01	05:12	04:47	05:40		07:56:52
46	Cias Angels	Fem.	05:53	05:18	05:21	04:58	05:58	05:19	09:06	06:39	06:47	05:35	07:15	05:40	06:14	05:15	06:28	03:44	08:58:21
47	Reunidas Runners Team Ricardo Sardá Fem	Fem.	05:55	05:22	05:21	05:08	05:48	05:23	09:30	06:33	06:14	06:07	06:25	05:50	06:14	05:27	06:17		08:59:33
48	Luluzinhas´club Gb	Fem.	05:23	05:36	05:07	05:23	05:20	04:54	09:21	06:43	05:49	05:50	06:22	05:07	05:35	05:18	05:26		08:34:33
49	Sinprf-pr Feminina	Fem.	05:25	05:15	05:27	06:19	04:47	06:33	08:34	06:00	06:48	06:59	05:58	06:45	05:35	05:09	06:34	00:22	09:05:12
50	4run C	Fem.	05:50	05:48	05:08	06:25	05:49	05:25	09:34	06:58	05:43	06:46	07:07	05:32	06:09	06:15	05:37		09:15:53
51	Cepe Araucária Veterana	Vet.	03:56	04:28	03:26	03:35	03:46	03:13	06:09	05:01	03:49	03:43	04:43	03:08	04:04	03:27	03:55		05:58:52
52	Bela Vista - Coyotes	Vet.	03:26	04:08	04:03	04:21	04:34	03:45	05:26	04:45	04:24	04:24	04:31	03:34	03:29	03:36	03:46		06:08:33
53	V8 Teranos	Vet.	03:30	04:02	03:47	04:03	04:04	03:54	05:38	04:31	04:32	04:14	04:43	03:51	03:45	03:47	04:37		06:12:11
54	V8 Teranos 2	Vet.	04:06	04:05	04:05	04:06	04:12	04:12	06:21	04:21	05:00	04:20	04:51	04:22	04:22	04:06	04:25		06:35:35
55	Atitude	Vet.	04:45	05:20	05:14	05:26	04:59	05:48	08:40	06:09	06:18	06:07	05:55	05:46	04:39	05:22	05:35		08:27:09
56	Energia Pura Veterana	Vet.	04:41	04:54	05:59	04:56	05:39	05:28	07:50	05:41	07:05	05:34	06:58	05:34	04:53	04:47	05:07		08:23:02
57	Papa Léguas	Franscisq	05:10	04:34	04:18	04:44	05:45	04:18	08:25	05:23	04:49	05:26	07:22	04:29	05:04	05:23	05:03		07:51:21
58	Linha De Chegada	Franscisq	04:58	05:26	04:04	04:48	04:24	05:25	07:31	06:06	04:47	05:09	05:17	05:51	04:46	05:20	04:50		07:49:13
59	Guerreiros Do Sol (sme São Francisco Do Sul)	Franscisq	05:06	04:29	04:33	04:38	04:03	04:37	06:25	05:03	05:07	04:53	04:40	04:34	05:58	04:11	05:37		07:19:32
60	27 - Sfs	Franscisq uense	####	00:00	00:00	00:00	00:00	00:00	00:00	00:00	00:00	00:00	00:00	00:00	####	00:00	00:00		#####
61	Mts Performance	Trio Masc	03:39	03:31	03:33	03:23	03:18	03:31	05:21	03:56	03:53	03:47	03:56	03:32	03:56	03:37	04:21		05:38:12
62	Comiran Gráfica Ltda - COMGRAF	Trio Masc	03:19	03:11	03:06	03:14	03:07	03:15	05:49	03:33	03:44	03:13	03:34	03:12	03:18	03:24	03:50		05:08:59

Ritmo (min/km)																			
Nº	Equipe	Categ.	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	P11	P12	P13	P14	P15	Desconto	TOTAL
63	FURUKAWA TRIO - GFR	Trio Masc	03:41	03:39	03:14	03:25	03:19	03:25	06:20	04:00	03:35	04:00	04:12	03:23	04:27	04:05	04:22		05:46:48
64	Trainer Assessoria	Trio Masc	03:54	03:31	03:30	03:41	03:10	03:29	06:28	03:32	04:07	03:48	03:47	03:28	03:34	03:55	04:07		05:39:51
65	V8 #100freio	Trio Masc	03:46	03:38	03:27	03:34	03:24	03:27	05:59	04:21	03:47	04:00	04:42	03:32	04:07	04:28	04:00		05:55:13
66	Triopatetas	Trio Masc	04:06	04:06	03:42	04:06	03:43	03:39	07:01	04:44	04:05	04:21	04:52	03:45	04:31	04:43	04:33		06:27:38
67	Urapazi / Sindivesc 2	Trio Masc	04:31	04:53	04:20	04:50	04:44	04:02	07:40	05:54	04:50	05:19	05:39	04:23	05:04	05:03	05:03		07:29:49
68	Estação Personal Runners 02	Trio Masc	04:33	04:39	03:54	04:31	04:16	04:10	07:22	05:28	04:47	04:43	05:54	04:18	04:50	05:52	04:46		07:17:25
69	Gb Triathlon/mega	Trio Masc	04:30	04:50	05:08	04:17	04:25	05:37	07:12	05:34	06:52	04:26	07:06	04:53	04:33	04:56	06:43		07:58:27
70	Irontrio 2013	Trio Masc	04:10	04:27	04:17	03:53	04:03	04:30	08:01	04:18	04:51	04:18	04:30	04:28	04:40	03:54	04:49		06:43:42
71	Equipe Belém	Trio Masc	04:25	05:01	04:50	04:36	04:11	04:54	08:25	06:24	05:38	05:06	07:08	05:25	05:14	07:21	06:38	02:10	08:17:52
72	Carcaça Del Diablo Trio	Trio Masc	04:30	03:51	04:51	04:42	03:42	04:59	07:28	04:27	05:47	04:56	04:39	07:49	05:30	04:16	06:02		07:37:18
73	Altiseg Adventure Team	Trio Masc	04:22	04:37	04:03	04:40	04:08	04:47	07:13	05:04	05:53	05:13	06:10	05:11	05:33	05:24	06:37		07:45:28
74	FURUKAWA GIGALAN	Trio Masc	04:36	04:34	04:36	04:41	04:18	04:37	07:50	05:06	05:16	04:57	05:30	04:43	05:10	04:56	05:14		07:27:12
75	Emmissão Zero	Trio Masc	04:52	04:36	04:28	05:08	04:15	04:47	09:25	05:38	05:02	06:13	05:47	04:45	07:13	05:31	05:15		08:04:59
76	Nutriall Suplementos/academia R2	Trio Masc	04:35	04:20	04:09	04:28	03:38	04:22	07:53	04:38	04:42	04:34	04:36	04:13	04:53	03:52	05:14		06:50:56
77	Estação Personal Runners 01	Trio Masc	05:03	05:18	05:03	05:11	05:02	05:27	08:59	06:16	06:16	05:11	06:25	05:55	05:39	06:06	06:46	03:05	08:36:45
78	Sinprf-pr Trio	Trio Masc	05:21	04:37	04:11	05:38	04:19	04:28	10:42	05:12	04:59	07:02	05:32	04:53	07:38	05:19	05:40		08:17:54
79	Pé De Pano	Trio Masc	04:08	04:10	04:21	04:09	04:11	04:30	06:43	04:56	05:01	04:48	05:02	04:48	04:48	04:23	05:45		07:01:59
80	Strider 1	Trio Misto	04:06	04:10	04:31	03:59	03:55	04:49	06:54	04:37	05:01	04:13	04:35	04:44	04:14	04:07	05:20		06:46:28
81	Strider 2	Trio Misto	04:26	04:25	04:11	04:26	03:58	04:22	09:33	05:07	04:45	04:54	05:17	04:28	04:55	05:22	04:54		07:15:33
82	Subway Ultra / Gustavo Pinto Ae	Trio Misto	04:02	04:30	03:53	03:55	04:14	04:00	06:07	05:07	04:24	04:07	05:00	04:01	04:17	04:30	04:36		06:35:18
83	Laa Trainer	Trio Misto	####	00:00	53:09	####	00:00	00:00	00:00	00:00	00:00	00:00	00:00	00:00	####	00:00	00:00		#####
84	Hp Sports	Trio Misto	04:02	04:28	04:17	03:51	04:19	04:28	06:24	05:16	05:00	03:51	05:29	05:07	04:23	04:41	04:33		06:56:01
85	Ultras Parceria	Trio Misto	04:14	04:29	03:53	04:06	04:03	04:16	08:05	04:58	04:21	04:14	05:08	03:57	04:23	04:12	04:47		06:44:02
86	Reunidas Runners Team Ricardo Sardá	Trio Misto	04:04	04:35	04:53	04:03	04:08	05:11	06:36	05:07	06:11	04:17	05:10	05:23	05:12	04:52	06:22		07:28:21

87	Canela Pro Adventure/company Fitness	Trio Misto	05:42	04:19	04:26	05:52	04:07	04:43	10:51	04:58	05:09	05:43	05:08	05:08	06:39	04:24	05:24		07:59:49
Ritmo (min/km)																			
Nº	Equipe	Categ.	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	P11	P12	P13	P14	P15	Desconto	TOTAL
88	Estação Personal Runners 03	Trio Fem.	04:49	04:29	04:30	04:39	04:20	04:44	08:05	05:23	04:56	04:48	05:05	04:48	05:12	04:42	05:44		07:26:56
89	Mega Girls/cia Athletica Cwb/gb Tri	Trio Fem.	04:49	04:26	03:54	04:49	04:15	04:07	08:30	05:11	04:59	04:50	05:22	04:57	05:07	05:06	05:07		07:23:02
90	Academia R2	Trio Fem.	04:46	04:40	04:51	04:59	04:20	05:06	08:57	05:16	05:39	05:19	05:11	05:22	05:15	04:35	05:51		07:48:30
91	Amigas Corredoras	Trio Fem.	04:31	04:49	04:42	04:19	04:38	05:17	07:31	05:32	05:44	04:44	05:45	05:12	05:18	05:25	05:29		07:45:33
92	Iron Girls	Trio Fem.	05:08	05:41	04:27	04:56	05:35	04:46	09:59	06:53	05:07	05:19	06:48	04:45	05:24	06:18	05:21		08:26:12
93	Clube De Corrida Formacco	Trio Veterano	####	00:00	00:00	00:00	00:00	00:00	00:00	00:00	00:00	00:00	00:00	00:00	####	00:00	00:00		#####
94	Piu Jose	Trio Vet.	04:23	04:07	04:11	04:21	03:46	04:20	08:22	04:21	05:02	04:32	04:35	04:37	04:48	04:16	05:22		06:53:55
95	Galos - Up	Trio Vet.	04:44	04:43	03:52	04:25	04:25	03:58	08:31	05:07	04:50	04:29	05:49	04:06	05:08	04:55	05:39		07:16:48
96	Academia R2 Veteranos	Trio Vet.	04:14	04:11	04:05	03:33	04:35	04:13	06:42	04:51	04:38	04:16	04:50	04:16	04:11	04:30	05:13		06:41:28
97	FURUKAWA GIGALAN TRIO - VETERANOX	Trio Vet.	04:35	04:01	04:17	04:44	04:05	04:32	08:50	04:36	05:19	04:49	04:53	04:39	06:17	04:02	06:16		07:20:20
98	Pe Redondo	Trio Vet.	04:59	04:30	04:54	05:04	04:20	05:05	09:10	05:07	06:09	05:40	05:27	05:26	05:56	04:54	05:50		08:02:56
99	42k Assessoria Esportiva Trio Veterano	Trio Vet.	04:27	04:28	04:14	04:27	04:22	04:11	07:19	04:59	04:31	04:48	05:04	04:03	05:07	04:40	05:03		07:01:32
100	Nativos Da Ilha	Trio Vet.	04:37	05:02	04:26	04:46	04:53	04:26	07:59	05:34	04:58	05:43	05:43	04:45	05:47	05:14	05:32		07:47:38