

16th ASICS Around the Island Race- 150km

General Rules 2011

In the 16th Volt Ilha the quest for fun is as important as the quest for victory. In a world in which people live at hectic pace from day-to-day, come run on a special day, in search of victory or the simple pleasure of running. At the Round the Island race, the physical effort goes hand in hand with fun. This is a race in which a second per mile makes all the difference in the outcome. The various sections of the race show varying degrees of difficulty. Concentration, preparation and solidarity are the keys to doing well. Each new turn brings an unforgettable landscape and a new challenge for every athlete.

Calendar

Rule 1 - The Around the Island Race follows this calendar

Date	Activities
03/11/2010 a 18/11/2010	Entry for lottery slots (US\$40,00 per team).
03/11/2010 a 18/11/2010	Confirmation of participation of teams already with guaranteed slot
03/11/2010 a 03/02/2011	Entry period for teams with guaranteed slot
22/11/2010	1st drawing for slots
23/11/2010 a 26/11/2010	Entry period for teams selected in 1st lottery (US\$90,00 per athlete)
01/12/2010	2nd drawing for slots (if slots remain after 1st lottery)
01/12/2010 a 06/12/2010	Entry period for teams selected in 2nd lottery (R\$130,00 per athlete)
25/01/2011	Change in price of entry per athlete (US\$100,00).
07/02/2011	3rd Drawing of slots (if there is opening in guaranteed slots)
07/02/2011 a 10/02/2011	Entry period for teams from 3rd lottery (if it takes place)
24/03/2011	Final deadline to change category and name of team and submit t-shirt size of athletes
06/04/2011	Final deadline for registering athletes and to send in terms of responsibility (see details Rule 9). Obtain identification sticker for team vehicle.
07/04/2011 a 14/04/2011	Fine of R\$ 40,00 per day if you are late to submit documentation.
07/04/2011 a 14/04/2011	Fine of R\$ 40,00 per athlete in changing composition of your team.
07/04/2011 a 14/04/2011	Final date to make reservation for pasta dinner.
15/04/2011 a 19/04/2011	Fine of R\$ 70,00 per athlete in changing the composition of your team.
28/04/2011 - 14h00 to 19h00	Delivery of race kit and receipt of athlete credentials (except for pairs and non competitive run participants) and sponsor's expo.
29/04/2011 - 10h00 to 21h00	Delivery of race kit and receipt of athlete credentials (except for pairs and non competitive run participants) and sponsor's expo.
29/04/2011 18h30min	Technical Meeting
29/04/2011 18h30 to 21h30min	Pasta Dinner
30/04/2011 4h00 to 7h30min	Race start
01/05/2011 9h30min	Awards ceremony

Entry and Lottery of Slots

Rule 2 - In 2011, there will be 390 team participating, with 290 guaranteed slots and 100 slots for lottery winning teams. In each category there is a maximum number of slots available. When entering the lottery each team must define their category, because the lottery is done according to slots available in each category.

Rule 3 - Criteria for guaranteed slots:

- be supporter or sponsor of event;
- a team who has participated for 6 or more years, 2009 or 2010 being obligatory;
- a team holding a record in a category of the race;
- a team that received a trophy in Around the Island Race 2010;
- an athlete that finished first in their category at the Urubici challenge 2010 race (20 slots);
- a team that received a trophy at S?o Francisco do Sul Relay, in 2010 (30 slots);
- an athlete that finished first in their category at the Beaches and Trails Challenge 2010 (20 slots);
- an athlete who won a slot at an event organized by Eco Floripa in 2010;
- lottery of 25 slots for those athletes who participated in all Eco Floripa event in 2010;
- for the official agency (AMPLESTUR). To receive one of the slots, the team must buy the full package: trip, hotel, and car rental (15 slots).
- Press (2 slots)

Rule 4 - Team with guaranteed slot should confirm their participation and define their category between 03/11/2010 and 18/11/2010, making the payment of R\$200,00, this quantity will be discounted from the overall entry fee. Payment of the remaining balance will take place from 03/11/09 to 03/02/2011.

Rule 5 - A team that does not have a guaranteed slot can sign up for the drawing of 100 available slots, from 03 to 18 of November 2010, the entry fee for the lottery is R\$ 60,00 per team. This value is solely for the drawing and will not be deducted from overall race entry if a slot is obtained. Each team should select their category when entering because the lottery will be determined by open slots in each category.

Rule 6 - The first drawing of slots will take place 22/11/2010 and a list of the winning teams will be listed on the site www.ecofloripa.com.br, 23/11/2010.

This drawing will have the following criteria:

- 1 - drawing of three slots for teams from Florianopolis;
- 2 - drawing of three slots for each Brazilian state (minimum of 50% residents in the state);
- 3 - drawing of three slots for each country;
- 4 - drawing of 20 slots for teams that participated for 5 years in Around the Island Race;
- 5 - drawing of remaining slots between rest of entrants.

A winning team should pay (R\$130,00 per athlete) and fill out a registration form for the team on the internet, between 23/11 and 26/11/10. The team coordinator will receive, by e-mail, a password and link to have access to an online team entry form.

If a team fails to complete payment or registration, their slot will be lost. The day after race entry is made, the team name will appear on the site. It is important to verify if the team is on the list (see Menu Teams Entered).

Rule 7 - The second drawing will be on 01/12/2010 (it will only happen if other teams give up their slots from the first drawing) and the slot winners will be announced on the site www.ecofloripa.com.br, 01/12/2010.

The winning team should pay an entry fee (R\$130,00 per athlete) and fill out a entry form on the internet, from 01/12 to 06/12/10. The coordinator will receive, by e-mail, a password to access the confirmed team entry form. If a team fails to complete payment or registration, their slot will be lost..

The day after race entry is made, the team name will appear on the site. It is important to verify if the team is on the list (see Menu Teams Entered).

Rule 8 - The third drawing will be on 07/02/2011, only if teams with guaranteed slots desist. The publication of winning teams from the third drawing will be on the site, 07/02/2011.

The winning team should pay an entry fee (R\$150,00 per athlete) and fill out a entry form on the internet, from 07/02 a 10/02/2011. The coordinator will receive, by e-mail, a password to access the confirmed team entry form. If a team fails to complete payment or registration, their slot will be lost.. The day after race entry is made, the team name will appear on the site. It is important to verify if the team is on the list (see Menu Teams Entered)

Rule 9 - The entry fee per athlete will be R\$130,00 from 24/01/2011 and R\$150,00 after this date. If payment is made in cash, directly at the Eco Floripa office, there will be a R\$ 10,00 discount per athlete. Entry for foreigners is: US\$ 90.00

Rule 10 - All teams, to be considered entered into the the Around Island Relay Race should have paid the fees and filled out all the documentation, within the deadline made by the organization. If a team fails to meet the official deadlines they will be eliminated from the race and paid fees will not be returned.

Composition of Team

Rule 11 - Teams are made of 2, 8 and in the participation category 8 to 12 runners and a coordinator, 18 years or older, and they can be one of the competitors on the team. If the coordinator is not an athlete, they can opt to receive t shirt, medal, dinner ticket, and trophy (depending team standings). In this case, the person should enter, paying R\$ 80,00, til 06/04/2011.

Age of Runners

Rule 12 - The age of each runner will be that which is completed in 2011 (month is not important). There is a minimum age, 18years old for the pairs category and 12 years old for the open, mixed, female and participation category. For the master category observe the following rule 13.

Team categories

Rule 13 - There are eight team categories in the Around the Island Race:

Category I - OPEN (8 athletes of any gender).

Category II - OPEN MIXED (8 athletes- minimum of three per gender) - see Rule 14.

Category III - FEMALE (8 athletes - obviously women).

Category IV - MASTER 40 (8 athletes 40 years old or older).

Category V - MASTER MIXED (8 athletes men 40 years old or older; women 35 years or older, made up of at least three members per gender).

Category VI - MASTER 50 (8 athletes 50 years or older men/women).

In case a team has problems finding 8 runners, they will be allowed to participate, if they communicate with the organization early on and have an athlete that do the job of two, in other words, running two or three sections continuously. The normal rules apply to the team.

In the categories I, II, III, IV, V and VI, the athlete will run the race routedivided in three sections, always in the same order. Note the following: the first athlete will run sections: 1, 9 and 17; the second runner sections 2, 10 and 18 and thisway forward. However the third and fourth runners will run their race route in two sections. See the table under Race Route in the menu. Athletes should be present at the delivery of kits, the night before the race, to receive an identity bracelet, that will be placed by the organization.

It is mandatory to show your identity card or drivers license. (see Rule 57).

Category VII - PAIRS. The team is made up of two athletes, without an athlete in reserve. Each athlete can run as many sections as they would like and in whatever sequence. The first running the 12 sections in the beginning and the second finishing the final 12 sections, or run some sections, rest and return to run again. It is not permitted for only one athlete to run. Each section should be run completely passing the control posts. A tentative team lineup is solicited, to calculate overall race time, however the lineup can be modified on race day.

Category VIII - FUN This category is subdivided in A, B and C (See Rule23). A team can have 8-12 participants(men and women over 12 year old). Each participant should run at least one complete section. Each athlete, in their section,will exchange the baton at the control post.

A team lineup showing each athlete and their perspective sections is required,helping to forecast the time in which the team will finish the race, however it can be modified, without suffering a penalty. In this category participants do not compete for trophies.

Rule 14 - The organization of the race set the maximum number of slots per category (see below). If a team wishes to switch categories, after entry has been made, and there are no slots available in the desired category, the entry fee will not be returned.

Category - maximum number of slots

1 - Open - 60

2 - Open mixed - 50

3 - Female - 20

4 - Master 40 - 20

5 - Master mixed - 20

6 - Master women 50 - 20

7 - Pair - 30

8 - Fun A - 60

- **Fun B** - 120

- **Fun C** - 90

Rule 15 - The teams in the category Open Mixed and Veteran Mixed need to have at least three female athletes, that mandatory run, in following sequence, the sections: 1, 2 and 3, after 9, 10, 11 and 12 and following 17 and 18. See details on our site, menu Race Route.

Rule 16 - An athlete can only be entered in one team. If their name is on two teams, they will be considered member of the first team that entered their name and has their signature on the Terms of Responsibility offered by the organization on the official race site. If the athlete wants to move teams they must have permission from the coordinator of the first team, with it, they will not be able to participate on any team.

SPARE RUNNER

Rule 17 - A team can enter a spare runner if they participate in the following categories:

Open, Female, Master 40 or Master50.

As well, if the team is Open Mixed or Veteran Mixed, they will have option of entering two spare runners, being one male and the other female.

Runner Identification Number and Transition Areas

Rule 18 - The team will receive, the night before the race (in your kit), the numbers for each runner (determined by your line up submitted with entry). All runners should fasten the numbers in front and behind their body, with four pins, in a clearly visible place (preferably on the t shirt) for the officials to identify and control the athletes. This rule applies to all categories, including participation.

Rule 19 - There will be 22 transition areas in the race. At the correct time and position, all runners should pass in between the transition area structure, to register passing the check point and the changing of runners. If the athlete will continue without handing off the baton (run two straight sections), they should still pass through the marked area to register themselves before moving on.

Rule 20 - At each transition area, the runner about to accept the hand off should present themselves to the official before starting out on the course.

Rule 21 - All athletes should leave their ID or drivers license in the support car, to present it to the official at the transition area when asked for.

Rule 22 - The bracelet/baton (given to you by the staff) should always be with the current and active runner, being handed off within the transition area to the next runner.

Start and Finish of the Race

Rule 23 - Both the start and the finish will take place at the Pier on Av. Beira-Mar Norte. The start will be between 4:00 and 7h30, the start times are set according to the time limit for each category and technical criteria set by the staff. The cutoff time for the race is 20h15. There is a maximum time limit for each category (explained below), very important, when making your team, verify the pace of each runner, so that you do not exceed the time limit.

Category	Race Time	Pace	Start Time
1 - Open	12h30min	(pace 5:00 min/km)	7h15 and 7h30*
2 - Open Mixed	13h30min	(pace 5:24 min/km)	6h00, 6h15 and 6h30*
3 ? Female	14h00min	(pace 5:36 min/km)	6h00
4 - Master 40	13h30min	(pace 5:24 min/km)	6h30
5 - Master Mixed	14h00min	(pace 5:36 min/km)	6h00*
6 - Master 50	13h30min	(pace 5:24 min/km)	6h30
7 - Pairs	15h15min	(pace 6:06 min/km)	4h45*
8 - Fun A	13h00min	(pace 5:12 min/km)	6h45 and 7h00
- Fun B	14h15min	(pace 5:42 min/km)	5h00, 5h15, 5h30 and 5h45*
- Fun C	15h30min	(pace 6:12 min/km)	4h00, 4h15 and 4h30

*** In categories Open, Open Mixed, Veteran Mixed and Participation B and C, there are numerous start times, the team starting before the others will have more time to complete the race. Remember that the race ends at 20h15min, for all categories.**

Rule 24 - If a team arrives late to the start, they may leave up until the last runner goes, remembering to check first with an official or staff member. Although, the final time will be calculated using the teams previously defined start time.

Rule 25 - The finish, to help facilitate the work of the staff and race officials in identifying the athlete finishing the race, 200m before the finish will be marked off, here the official race time will be calculated. Only thereafter, can the other teammates join the runner to the finish portal. (See Rule 65). Friends, Family and other fans should meet take pictures and congratulate the team in the Medals Tent.

Rule 26 - From section number 6, there will be enforced transition area closing times. This predetermined time is independent of teams different starting times. A team that arrives after the set time will be dis classified from the race, however if they would like, they can use the support vehicle to travel to the next open transition area and continue the race. In this case, the team will receive medals if they can manage to make the finish line by 20 h15min.

Number and Name of Transition Area	Closing Time
Post 06 - Jurerê Internacional	10h15min
Post 07 - Forte de São José	10h40min
Post 08 - Jurerê Antigo	11h00min
Post 09 - Cachoeira do Bom Jesus	11h20min
Post 10 - Praia Brava	12h10min
Post 11 - Cachoeira do Bom Jesus e Jardim Nova Cachoeira	12h40min
Post 12 - Praia dos Ingleses	13h10min
Post 13 - Praia do Santinho	13h30min
Post 14 - Praia de Moçambique	14h15min
Post 15 - Camping Rio Vermelho	14h40min
Post 16 - Praia da Joaquina	15h20min*
Post 17 - Praia do Campeche	16h00min
Post 18 - Praia da Armação	16h20min
Post 19 - Açores / Morro do Sertão	17h10min*
Post 20 - Ribeirão da Ilha	18h30min
Post 21 - Aeroporto	19h15min
Post 22 - Via Expressa Sul	19h45min
Finish - Av. Beira Mar Norte	20h15min

*** Posts 16 and 19, at these times, the athlete who will start the section, whose partner has not arrived yet, can leave beforehand. It is mandatory confirm this with officials before running the new sections of the race.**

SUBSTITUTION OF A RUNNER DURING THE RACE

Rule 27 - The substituted runner cannot return to run again, only if they are part of PAIRS or PARTICIPATION categories.

Rule 28 - The reserve runner, once they substitute another runner, must assume the position of the substituted, running all of their subsequent sections for the race. The reserve runner must present to the official at the transition area, their Identity card, and in-turn will receive an identity bracelet from the official. The reserve runner cannot substitute more than one runner.

Rule 29 - The substitution of a runner by another on the team, should abide by following rules:

- a) in categories: Open, Open Mixed, Female, Master 40, Master Mixed and Master 50 the substitute should be the runner listed as reserve or that one who was before or after in sequence (example: if runner 3 gets hurt then their substitute should be runner 2 or 4);
- b) the team should communicate the occurrence at the next transition area;
- c) if a runner suffers an injury on their section of the race, their substitute should return to the previous transition area, communicate with the official and run the full section of the injured athlete;
- d) the mixed teams can use their two reserve runners: the male reserve runner will have a number ending in 9 and the female runner will have number ending in zero (0).
- e) the female runner can substitute a male runner, but in the sections designated for females (sections 1, 2, 3, 9, 10,11, 12, 17 e 18), only another female runner can substitute her.
- f) if the athlete is doubling up (running two sections in a row) and gets hurt, whoever substitutes them should continue doubling up, running two sections.
- g) in section 22 (final of race), the runner N 8 (Categories I and VI) cannot be substituted by runner N? 1.

PACING

Rule 30 - During the race, a runner can be motivated by their fellow runners, running side by side, so long as there is no physical contact (see penalties). Pacing is permitted.

TEAM TRANSPORT and LOCATIONS

Rule 31 - Team transport, during the race, is the sole responsibility of the team.

Rule 32 - Runners in the PAIRS category may only use one vehicle or a motorcycle. In the other categories the teams are allowed up to two cars and a motorcycle. Helmets are mandatory for all persons riding on motorcycle. To obtain stickers for your vehicles please communicate with the organization by the 06 of April via e-mail: ecofloripa@ecofloripa.com
The use of two vehicles is suggested for the competitive teams because it allows more time to leave and pick up runners at the different transition areas. It is necessary to organize before the race which vehicle is responsible for what athletes at each transition area. This should not be done at the last minute so that there are no delays on race day. There are routes where the runners go one way and the transport another one. Please be careful not to forget a team member at a transition area.

Rule 33 - Buses, truck or open vehicles are not permitted as transport of athletes. A micro-bus can be used, but only as second vehicle being that it will not be allowed to stop at transition areas: 2, 4, 7, 14 and 20. Avoid the use of micro-bus to facilitate the flow of traffic during the race.

Rule 34 - The team will receive two large stickers identifying the vehicles as official support for the race. These stickers should be applied in the following manner: one on the front windshield and the other on the back windshield. Please apply the stickers on race day because there have been cases of stickers being stolen the day before. The organization will not replace these stickers. A team using only one vehicle should use sticker N 1.

Rule 35 - Only vehicles with identification will be allowed to park near transition areas, and access the parking lot of Praia da Joaquina (section 16) for free. Within the Air Base vehicles will not be allowed to pass. Only the runners will be granted access.

Rule 36 - In sections 2, 4, 7, 14 and 20 only vehicle N1, with proper race identification, will be permitted to park and pick up athletes. There will be a race official blocking the passage of the vehicle N2. Penalties of 15 min will be assessed to teams with vehicle N? 2 parked in these areas. Motorcycle (with sticker) can park in all transition areas.

Rule 37 - Athletes cannot be transported in vehicles not associated with the race (penalty of 15 min ? see Rule 60).

Rule 38 - All runners can receive water or other supplement from their supports or the general public. The support vehicle cannot accompany the athlete that is running and will be penalized if they are less than 20 meters from the athlete. If the team needs to help a runner, they should park the car and one of the team members give the support necessary.

Rule 39 - The driver of the vehicle should follow the national transit laws. If renting your vehicle, please be sure to verify with the rental company that you have ability to transport passengers. AMPLESTUR, our official travel agent, has a list of rental companies to meet your needs.

Rule 40 - Near the transition areas, pedestrian and runner traffic has preference.

HYDRATION AND ENERGY SUPPLEMENTS FOR TEAM

Rule 41 - Each team is responsible for their hydration and energy supplements during the race. We suggest that this is organized ahead of time. If your interested, AMPLESTUR (official tourist agency) can provide food for the race.

Rule 42 - Water stations will be provided at sections: 13, 15, 16 and 19, at this last station there will be two water and one isotonic area.

SIGNALIZATION OF RACE ROUTE

Rule 43 - Each team is responsible for knowing the race route. The organization will supply a map of the route, however you must pay close attention to the markings of the event (sings, marks on the ground and yellow Eco Floripa tape), as well as the staff. The military and highway police as well as ambulance service will be assisting on race day.

Rule 44 - If an athlete mistakenly finds themselves off the race route, they can return to proper route using whatever means of transport necessary. Pay especially close attention to signs, particularly at the Santinho Sand Dunes (section 13), that sometimes is mistaken for a sand dessert. If the athlete goes off track they must return to place on the route where the error occurred.

Rule 45 - On race day, local transit will not be closed off, due to the length of the race, however it will be monitored at road crossings or dangerous areas. It is the responsibility of the runners to watch out for their own safety on the roads, watching out while crossing the intersections and avenues. For athlete safety, it is not recommended to use walkman (ipod, MP3), principally on the public streets with vehicle traffic.

WHICH SIDE OF ROAD TO RUN ON

Rule 46- Athletes should run on sidewalks, emergency lanes or along side the road. It is prohibited to run on the lines in the middle of the road. Athletes should run on the following sides:

SECTION 1: bicycle path, first 5 km, afterward stay on left side (against flow of traffic) during rest of section;

SECTION 2: open until the 3rd km and from there, stay on left side (against traffic) of highway 401 until crosswalk(km 4,5). Cross the road to continue running rest of section on right side;

SECTION 3: on right side of highway 401 and then open, watching out on the curves.

SECTION 4: open, in last 900 m stay on left side;

SECTION 5: on left side (against flow of traffic) of highway 401 until the viaduct and stay on left side for rest of the way;

SECTION 6: on right side until arriving at Daniel beach and afterward open;

SECTION 7: stay on left side in first 200m, until reach beach, after open.

SECTION 8: run on left side soon after leaving Canajurer? beach and stay left until reaching Canasvieiras beach;

SECTION 9: run on left side of Av. Luiz Boiteux Piazza, afterward open to choose, please be careful going up and down the access road to Brava beach;

SECTION 10: run on left side during the whole route

SECTION 11: stay on left side (against traffic) until 403 highway and then you are free;

SECTION 12: open;

SECTION 13: open;

SECTION 14: open;

SECTION 15: left side all the way;

SECTION 16: open;

SECTION 17: open on the beach and left side on 406 highway;

SECTION 18: on left side all the way;

SECTION 19: open until the end of the hills where after stay left;

SECTION 20: preferably against the traffic flow;

SECTION 21: run against the traffic flow until reaching bicycle lane;

SECTION 22: run along the bicycle lane Via Expressa Sul until the end, afterward run on left side until reaching Yacht Club Veleiros da Ilha, stay on sidewalk on left side and end race in bike lane.

RACE OFFICIALS

Rule 47 - The race officials will be wearing special shirts at all transition areas and other strategic points. There will be a general coordinating official of the transition area. At whatever moment of the race, when decided by the organizers, an official should be transported in the team vehicle.

CHANGING CATEGORY AND NAME OF TEAM

Rule 48 - If a team wishes to change category or name, they should do so by 24/03/2011, depending if there is a slot available in the category. The organization is responsible for approving or not the passing along of slots and the change of team name. It is prohibited to sell a slot for more than the athlete paid originally. If so, the team will not be allowed to participate in future Around the Island races. There will be no refunds in the event of reduction in the number of team members.

FINAL CONFIRMATION OF TEAM ENTRY INTO RACE

Rule 49 - A team can participate on race-day if they have done the following, until 06/04/2011:

A - paid the entry fee;

B - filled out the online entry form (1? password sent to team coordinator):

C - filled out online profile of each runner (2? password sent);

D - send (by mail Sedex or personally deliver) the Term of Responsibility (you will find it on the race website), signed by the athlete and team coordinator, being that faxes with scanned signature will not be accepted.

E - in the case of the Veteran category, send by mail(SEDEX) a copy of each runners

Identity cards, to the following address:

Rua Carlos Alberto Campos, 205 - Trindade - Florianópolis - SC CEP: 88040-460

Rule 50 - Athletes entered by 24/03, will have their t-shirt sizes guaranteed.

LAST MINUTE CHANGES AND FINES

Rule 51 - Late Entry a team whose athletes enter (Rule 49) after sixth of April (between 07 and 14 of April 2011) will pay R\$ 40,00 a day fine and if they sign up after 14th of April the team will be disqualified from the race.

Rule 52 - Incomplete Documentation- A team sending in incomplete paperwork also will receive a fine, that will vary from R\$40,00 to R\$ 200,00, depending on the amount of information absent from the athlete profiles and terms of responsibility.

Rule 53 - Last minute changes in team make up? From the period 07 of April to the 14th of April, paying a fine, a new athlete can join the team, in all categories. As well a team can change the lineup position in categories Open, Open Mixed, Female, Master 40, Master Mixed and Master 50. This alteration will be made by the race coordinator upon receiving the new athlete information (via fax or e-mail), using the teams originally complete entry as a base. Please send to Eco Floripa the following:
a) Term of responsibility of the new athlete (by Sedex), signed by the athlete and the team coordinator;
b) Bank receipt of payment of the fine (by fax or e-mail), adhering to different values per time period:
A - 07/04 to 14/04 - R\$ 40,00 per athlete;
B - 15/04 to 19/04 - R\$ 70,00 per athlete.

Rule 54 - There will be no changes whatsoever to teams from the period 20 to 30 of April 2011.

DELIVERY OF TEAM RACE KIT

Rule 55 - Team race kits can be picked up between days 28/04/2011 (14h00 to 19h00) and 29/04/2011 (10:00h to 21:00h), at Majestic Palace Hotel, Av. Beira Mar Norte, 2746, Center of Florianópolis. Each team's coordinator is responsible for picking up the kit. If this is impossible, please send an email stating which member of the team will be authorized to obtain the kit (include their identity number) to race organizers by 14/04/2011. The person responsible for the kits should present their id at the time of delivery of kits.

IDENTIFICATION BRACELET

Rule 56 - On days 28/04/2011 (14h00 to 19h00) and 29/04/2011 (10:00h to 21:00h), the athletes presence is requires from all categories except, Participation, so that an Identification bracelet is put on each runner by the organization. This will be done after the team coordinator has picked up their kit. No athlete from these categories can run without this identification bracelet. Identification cards must be presented in order to receive bracelet. If a runner does not receive bracelet during the 28th and 29th of April, they may do so before the race start with a race official, however the team will receive a penalty of 15min on their total time or pay a R\$ 40,00 fine per athlete in this situation (Rule 60-J). The identity bracelet of the reserve runner will be place at the transition area where they begin participating. And it is necessary to present identity card to official in order to receive bracelet.

PRE-RACE TECHNICAL MEETING

Rule 57 - On 29/04/2011, at 18h30min, there will be a technical meeting about the race in the same area as the delivery of kits, Majestic Palace Hotel, Av. Beira Mar Norte, 2746. Here more race information will be given out and possibly communicated alterations to route. It is mandatory that each team has a representative at the meeting.

PASTA DINNER

Rule 58 - On 29/04/2011, from 18h30min to 21h30min, will be given a pasta dinner, at Majestic Palace Hotel. You need to reserve a ticket because they will not be sold on the Day of the dinner. Interested teams should reserve ahead of time (by e-mail), stating team name and number of tickets (for athletes and family) and send bank deposit receipt (via fax) until 14th of April 2011. Symbolic value of the meal for athletes is R\$ 5,00 and for other people it is R\$ 50,00. A list of team confirmed for the dinner will be available on the race site, Menu entries/Dinner confirmations. If a team doesn't appear on list they should get in touch with Eco Floripa. It is the responsibility of each team coordinator to verify that their team is on the list. The dinner tickets will be delivered with the team race kits.

DISCIPLINARY COMMITTEE

Rule 59 - There is a five person disciplinary committee made up of (runners, coaches, organizers) who will make decisions concerning possible race day issues. This committee will be formed 29/04/2011, during the technical meeting. Any complaint made by a team should be issued in writing to the secretary of the race by 19 hours on 30/04/2011.

PENALTIES

Rule 60 - Penalties will result in an increase in a team's overall race time or the dis-classification under the following guidelines. INCREASE of 15 minutes for the team that:

- a) supplying incorrect information concerning the speed of the teams runners, being that the team has a final time less or greater by 1h30min, this penalty does not apply to PAIRS;
- b) an athlete not running along predetermined race route, please see (Rule 46);
- c) leaves or throws trash on ground, in woods, dunes, roads, highway, sidewalk, private property or beach;
- d) the support vehicle follows less than 20 meters from their runner;
- e) exchange of baton occurs (1 to 5 meters) outside the marked zone, if further than this, team will be dis-classified;
- f) park vehicle in incorrect place, not following advice of officials, causing problems in flow of runners or other traffic;
- g) disrespect officials responsible at exchange posts any member of race staff;
- h) present un sportsmanship like conduct;
- i) have an athlete running with the aid of another person, (for example: being pushed or supported);
- j) have an athlete who receives an identification bracelet before the start of the race, if the athlete opts to pay the \$40,00 fine, they will not receive the 15 minute time penalty. Please remember the fine must be paid at the moment the official places the identification bracelet on the wrist;
- l) have an athlete (all categories) using only one number (Rule 18). 15 minutes added for each athlete in this situation;
- m) park support vehicle N? 2 or a vehicle without identification, near sections: 02, 04, 07, 14 and 20
- n) transport an athlete in unidentified or unauthorized vehicle.
- o) have athlete running without baton or identity bracelet.