

**11º Revezamento Caixa Volta de São Francisco - 13/09/2014**

Ritmo (min/km)

Nº	Equipe	Categoria	Município	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	P11	P12	P13	P14	P15	
1	Street Runners Amigos do	Aberta	São F. do Sul	03:41	03:25	03:27	04:01	03:36	03:45	06:24	03:40	03:45	03:31	04:26	03:34	03:43	03:47	03:38	03:47
2	V8 Assessoria Esportiva	Aberta	Curitiba	04:06	03:34	03:54	03:56	03:35	03:49	07:16	03:44	04:45	03:47	04:24	03:42	03:46	03:56	04:13	04:02
3	Clube de Corrida Formacc	Aberta	Florianópolis	03:55	03:48	03:53	04:32	03:36	03:51	06:27	03:52	04:51	04:04	04:25	03:29	04:06	03:57	04:14	04:06
4	Life Well Promoção da Sa	Aberta	Jaraguá do Sul	03:44	03:39	03:51	04:23	03:35	04:04	05:49	04:15	04:36	04:18	04:14	03:49	04:01	04:10	03:49	04:05
5	Reunidas Ricardo Sardá A	Aberta	Florianópolis	04:01	03:45	04:26	03:59	03:22	04:06	06:20	03:57	05:00	03:42	04:17	03:50	04:25	03:45	03:54	04:06
6	Equipe Portonave	Aberta	Navegantes	04:09	04:23	04:35	05:27	04:14	03:59	06:29	05:11	05:25	05:48	05:00	03:45	04:49	04:04	05:03	04:45
7	Bela Vista Papaléguas	Aberta	Gaspar	04:34	04:14	04:02	05:03	03:58	04:35	06:41	04:08	04:29	04:47	04:42	04:21	04:25	04:08	04:32	04:30
8	Reunidas Ricardo Sardá A	Aberta	Florianópolis	04:02	04:23	04:16	04:31	04:10	04:31	06:58	05:11	05:08	04:17	04:52	04:24	04:12	04:42	04:21	04:34
9	Bombadões V8	Aberta	Curitiba	04:59	04:16	04:04	04:38	04:32	05:42	10:00	04:31	04:54	04:28	05:22	04:41	05:28	04:35	05:19	04:58
10	Ser Tigre Masculina	Aberta	Joinville	04:03	04:20	04:06	05:12	04:15	04:28	06:49	04:57	04:29	04:56	05:19	04:34	04:20	04:24	04:35	04:38
11	Renegados V8	Aberta	Curitiba	04:36	04:47	03:49	04:13	04:07	04:25	06:57	05:05	04:34	03:59	04:52	04:18	05:01	04:15	04:30	04:34
12	Barigui	Aberta	Curitiba	04:13	04:48	05:14	05:17	04:51	05:17	07:42	05:13	06:37	05:06	05:56	05:07	04:25	04:39	05:40	05:13
13	Bergus Team	Aberta	Curitiba	04:47	04:30	04:37	04:37	04:58	04:52	10:11	05:22	05:20	04:28	06:07	04:33	05:06	04:25	04:57	05:04
14	Energia Pura Aberta	Aberta	Curitiba	05:15	04:31	05:12	05:44	04:18	05:45	09:13	04:59	06:54	05:26	05:17	05:11	05:15	05:16	04:43	05:23
15	Nhs Running	Aberta	Curitiba	04:43	04:17	04:14	05:27	04:08	04:40	08:57	04:55	05:05	05:15	05:13	04:26	05:08	04:35	05:20	04:56
16	Istepô/status Corresponden	Aberta	Florianópolis	05:03	04:58	04:23	04:56	07:32	04:48	08:51	04:27	06:17	04:40	09:48	04:29	05:22	04:59	05:07	05:33
17	Furukawa Itmax	Aberta	Curitiba	05:05	05:17	04:20	05:01	04:35	05:21	09:17	06:29	04:51	04:34	06:00	05:11	05:12	04:36	05:22	05:18
18	Velozes e Mentirosos	Aberta	Curitiba	05:20	04:45	04:54	04:39	05:21	06:11	10:17	04:56	05:51	04:39	06:38	05:56	07:08	04:28	05:07	05:34
19	Firme na Paçoca	Aberta	Curitiba	05:20	06:23	05:33	04:53	05:16	05:28	10:01	08:23	06:38	05:37	06:26	05:54	05:40	04:48	05:03	06:01
20	Equipiazza - Os Destemido	Aberta	Curitiba	05:38	05:54	05:38	05:26	05:16	04:14	10:53	07:12	07:03	05:18	06:24	04:04	06:30	05:31	04:41	05:50
21	Af Trainer (C)	Aberta	Curitiba	04:34	05:15	03:29	05:03	05:27	05:26	08:14	05:56	04:22	05:24	06:48	04:59	04:10	04:40	05:25	05:11
22	Af Trainer #loucos por cor	Aberta	Curitiba	04:39	04:39	05:47	05:06	05:23	05:14	08:11	05:29	07:42	04:59	06:57	05:23	05:09	04:49	05:40	05:32
23	Companhia Athletica 2	Aberta	Curitiba	05:11	05:47	04:23	05:34	04:46	06:16	09:58	07:03	05:47	05:24	05:58	06:23	05:30	06:07	05:50	05:52
24	Bem Sossegados	Aberta	São M.do Sul	05:09	05:13	05:21	07:55	04:56	05:45	10:05	06:33	06:48	07:42	06:04	05:36	06:04	06:16	06:22	06:13
25	Bpm - Adios	Aberta	Curitiba	04:23	04:49	04:37	04:38	05:22	05:07	09:27	05:54	05:40	04:50	06:54	05:06	04:53	04:50	05:34	05:18

## Ritmo (min/km)

Nº	Equipe	Categoria	Município	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	P11	P12	P13	P14	P15	
26	Istepô/status Corresponde	Ab. Mista	Florianópolis	03:45	03:45	03:27	04:29	04:14	04:11	05:52	03:46	03:53	04:06	05:06	04:03	04:00	03:42	03:51	04:04
27	V8 #100Freio	Ab. Mista	Curitiba	03:57	03:38	03:22	04:01	04:29	04:48	06:57	03:55	04:06	03:55	05:18	04:39	04:01	03:41	04:07	04:13
28	Long Life Pihados.com	Ab. Mista	Blumenau	05:00	05:42	04:44	05:14	04:40	04:58	08:51	06:23	05:57	05:11	06:00	04:55	05:30	05:20	05:33	05:30
29	Ars Running	Ab. Mista	Curitiba	04:39	04:15	05:03	05:55	05:12	04:31	08:40	05:09	06:08	05:38	06:14	04:12	05:15	04:31	05:21	05:13
30	Ser Tigre Mista	Ab. Mista	Joinville	05:20	05:16	04:23	05:10	04:57	05:08	08:54	05:58	04:54	04:45	05:54	05:10	05:34	05:27	04:57	05:21
31	Pé de Pano	Ab. Mista	Curitiba	04:15	04:17	04:54	05:22	05:51	04:46	07:40	05:18	06:24	05:08	07:37	04:54	04:38	04:55	03:55	05:13
32	Aqui É V8 P*&\$@	Ab. Mista	Curitiba	06:07	04:40	04:50	06:00	04:50	05:33	12:39	05:32	06:00	05:25	05:31	05:15	05:12	05:04	05:40	05:38
33	4run Assessoria Esportiva	Ab. Mista	Curitiba	04:23	04:24	04:14	05:40	05:25	05:15	08:22	04:45	04:55	05:16	06:33	04:51	04:42	04:27	04:41	05:03
34	V8 Turbinado	Ab. Mista	Curitiba	04:54	04:28	04:04	05:47	05:54	04:59	10:19	05:09	04:55	05:49	07:22	04:40	05:20	04:29	04:31	05:20
35	Nossa Senhora da Corrida	Ab. Mista	Curitiba	04:37	05:39	04:23	04:49	05:28	06:00	07:52	06:39	05:00	04:22	06:49	05:54	04:53	04:40	04:38	05:23
36	Corja 01 -grupo de Corred	Ab. Mista	Jaraguá do Sul	04:59	04:18	04:25	04:58	05:20	04:19	10:38	04:40	05:16	04:34	06:35	04:18	05:19	04:29	05:10	05:04
37	Long Life Zoeira	Ab. Mista	Blumenau	05:31	05:40	06:26	04:57	05:01	06:13	10:55	07:08	08:40	04:42			42:11	04:52	05:48	05:50
39	42k Sexteto Misto	Ab. Mista	Joinville	05:05	04:49	04:44	04:34	05:46	05:48	09:55	05:34	05:56	04:32	07:06	05:30	05:27	05:18	04:48	05:29
40	Long Life Crazy For Runni	Ab. Mista	Blumenau	05:57	05:21	06:37	05:25	04:32	04:57	11:03	07:07	07:12	05:10	05:49	04:54	05:46	05:14	05:34	05:53
41	Meu Motor é V8	Ab. Mista	Curitiba	05:41	04:59	04:40	05:41	04:52	05:20	09:43	05:50	05:51	05:11	05:50	04:58	05:20	05:16	05:32	05:30
42	Meirelles Corrida 4	Ab. Mista	Curitiba	05:32	04:49	06:37	06:29	05:12	06:24	11:40	05:54	07:52	06:23	02:12	06:27	05:37	04:54	05:59	05:52
43	Equipereira	Ab. Mista	Curitiba	08:05	04:00	04:58	05:51	05:39	05:47	13:55	04:39	06:49	06:28	07:26	05:29	04:20	05:57	04:13	06:01
44	Estúdio Mais Saúde	Ab. Mista	Curitiba	04:17	05:54	03:47	05:38	05:23	05:36	07:26	06:41	04:26	05:13	06:21	05:38	04:49	04:10	05:37	05:20
45	Meirelles Corrida 1	Ab. Mista	Curitiba	06:26	04:26	06:13	05:46	06:16	05:07	13:18	05:04	08:15	05:26	08:04	00:25	05:35	04:45	06:07	05:44
46	Meirelles Corrida 2	Ab. Mista	Curitiba	04:52	05:21	06:08	04:03	05:35	06:11	09:28	06:27	07:44	03:42	06:55	06:10	07:04	03:53	06:29	05:50
47	Amigos Corredores 1	Ab. Mista	Curitiba	06:01	05:09	05:47	04:23	05:48	04:27	10:37	05:52	05:24	05:32	06:46	04:29	06:30	04:26	04:55	05:35
48	Af Trainer (B)	Ab. Mista	Curitiba	05:38	05:16	06:13	06:01	05:17	05:17	10:46	06:54	07:52	05:39	05:52					
49	Amigos Corredores	Ab. Mista	Curitiba	06:01	04:47	05:16	06:12	04:12	05:23	09:49	05:52	06:10	05:49	05:24	05:33	07:39	05:39	05:58	05:50
50	Amigos Corredores 2	Ab. Mista	Curitiba	04:57	05:46	04:34	06:21	05:38	06:14	09:31	06:27	05:56	06:32	06:53	04:48	05:29	05:40	05:35	05:53
51	Companhia Athletica 3	Ab. Mista	Curitiba	05:22	05:32	05:05	06:25	05:07	04:40	09:30	06:29	06:21	05:51	05:52	04:36	06:43	05:20	05:40	05:46
52	Meirelles Corrida 3	Ab. Mista	Curitiba	06:21	05:38	05:13	06:02	05:38	05:57	10:30	06:52	06:30	06:13	02:28	05:42	07:19	05:51	06:14	06:00

Ritmo (min/km)																			
Nº	Equipe	Categoria	Município	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	P11	P12	P13	P14	P15	
53	Corredores da Caixa	Ab. Mista	Florianópolis	05:47	05:01	06:11	05:20	04:30	04:39	11:05	06:15	08:09	05:09	05:24	04:28	06:10	05:12	04:58	05:43
54	SPF Running	Feminina	Jaraguá do Sul	04:02	04:38	04:36	04:41	04:17	04:42	07:11	04:58	05:37	04:37	05:00	04:30	05:10	04:43	04:09	04:46
55	Amigas Corredoras	Feminina	Curitiba	04:16	04:21	04:41	04:35	04:17	05:14	07:54	04:50	05:42	04:37	05:03	04:49	04:36	04:49	04:35	04:49
56	Endless Run	Feminina	Curitiba	04:28	04:48	04:46	04:49	04:13	05:05	09:11	05:22	05:27	04:48	05:15	04:26	05:12	05:00	04:50	05:01
57	Belas do Bela	Feminina	Gaspar	05:08	04:46	05:16	05:27	05:17	05:13	09:23	05:37	06:48	05:11	06:13	04:53	05:45	05:36	05:17	05:34
58	Meninas V8	Feminina	Curitiba	05:31	06:21	06:42	06:04	04:51	06:33	11:09	07:12	06:52	05:43	05:52	06:33	05:57	06:15	05:39	06:19
59	Bpm Energia Infinita	Feminina	Curitiba	05:38	05:03	05:21	05:57	05:18	05:18	10:29	05:44	06:45	05:39	06:32	05:13	05:55	05:07	06:01	05:49
60	Nem Que Morra V8	Feminina	Curitiba	06:44	04:42	05:19	06:15	05:21	06:04	13:43	05:39	06:49	05:32	06:55	05:55	05:13	05:38	06:09	06:08
61	Life Well Promoção da Sa	Feminina	Jaraguá do Sul	06:06	05:16	05:23	05:06	06:12	06:08	12:05	06:23	06:19	04:44	06:45	06:05	06:08	04:53	05:22	05:59
62	Papagaias Voadoras	Feminina	Florianópolis	06:52	05:27	05:20	06:17	05:20	05:55	13:00	07:05	06:35	05:46	07:07	06:08	06:06	05:59	05:32	06:23
63	Af Trainer (A)	Feminina	Curitiba	06:19	06:38	05:53	06:28	05:40	05:54	12:17	07:53	07:16	06:10	06:03					
64	Equipe Belém	Francisq	São F.do Sul	03:39	05:12	04:12	05:49	03:28	05:03	05:49	05:55	05:28	04:50	05:43	04:47	03:57	04:34	05:28	04:54
65	Guerreiros do Sol	Francisq	São F.do Sul	04:28	04:47	05:32	04:35	05:14	05:18	08:19	05:49	06:59	05:01	06:21	05:04	05:02	04:54	05:12	05:22
66	Linha de Chegada	Francisq	São F.do Sul	05:14	04:21	04:46	04:55	05:47	05:32	10:03	05:36	06:09	05:20	07:53	05:40	05:14	05:25	06:17	05:41
67	Nossa Saude - Criozan	Veterana	Curitiba	03:22	03:26	03:19	03:44	03:10	03:26	05:41	03:27	03:46	03:37	03:40	03:17	03:43	03:26	03:54	03:34
68	Amigos do Freire	Veterana	Curitiba	03:32	03:37	03:27	04:27	03:49	04:40	07:41	03:49	04:00	04:29	04:32	04:21	03:56	03:32	03:45	04:06
69	V8 Teranos	Veterana	Curitiba	03:43	04:05	03:23	04:30	03:44	04:19	06:31	04:16	03:51	04:38	04:30	04:08	03:47	03:53	03:58	04:08
70	4run Assessoria Esportiva	Veterana	Curitiba	04:42	04:24	04:30	04:59	04:44	04:48	07:54	04:54	05:54	04:46	05:47	04:33	04:56	04:23	05:10	04:58
71	Energia Pura Veterana	Veterana	Curitiba	05:21	04:33	04:48	06:13	05:34	06:07	10:44	04:55	05:36	06:19	06:57	06:01	05:48	05:25	04:58	05:55
75	Companhia dos Cavalos	Trio Masc	Porto Alegre	03:24	03:21	03:55	03:36	03:02	04:05	06:51	03:29	04:38	03:34	03:31	04:04	03:53	03:39	04:48	03:50
76	Companhia Athletica 1	Trio Masc	Curitiba	03:53	04:06	03:30	04:06	03:39	03:35	07:00	04:44	04:00	03:57	05:02	03:35	04:32	04:23	03:59	04:10
77	So no Choque	Trio Masc	Blumenau	03:37	04:04	04:15	03:43	03:56	04:19	07:17	04:39	04:38	03:56	04:42	03:58	04:05	04:27	04:11	04:15
78	Long Life LII	Trio Masc	Blumenau	03:56	04:49	04:24	04:25	04:18	04:29	09:39	05:11	06:19	04:54	09:26	05:00	07:53	05:19	08:04	05:40
79	Bpm Is All In 2	Trio Masc	Curitiba	04:25	04:02	04:14	04:47	03:58	04:22	08:22	04:42	05:08	04:46	04:53	04:02	05:03	04:19	04:42	04:38
80	Ctt	Trio Masc	Curitiba	03:42	04:20	04:15	03:46	03:59	04:37	06:19	04:24	04:52	03:41	04:41	04:19	03:45	04:36	05:09	04:19
81	V8 Trio	Trio Masc	Curitiba	04:31	04:26	04:44	04:49	04:03	05:02	07:04	05:28	06:07	04:46	05:10	05:42	05:42	05:10	06:23	05:10

## Ritmo (min/km)

Nº	Equipe	Categoria	Município	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	P11	P12	P13	P14	P15	
82	Carpe Diem II	Trio Masc	Curitiba	04:04	04:41	04:26	04:22	04:23	04:52	08:23	05:15	05:40	04:13	05:34	04:54	04:37	05:33	04:41	04:54
83	Meirelles Corrida/rocha Sp	Trio Masc	Curitiba	04:22	04:28	04:09	04:21	04:02	04:31	07:08	05:43	05:18	04:14	06:04	05:00	04:37	05:11	05:33	04:54
84	Carecas Newpace	Trio Masc	São José	04:21	04:39	04:33	04:49	04:25	05:05	09:12	05:49	06:15	04:59	05:57	05:39	05:05	05:28	05:54	05:19
85	42k Trio Masc. 1	Trio Masc	Joinville	04:50	04:37	05:06	05:18	04:22	05:11	09:17	04:58	06:16	05:08	05:10	05:09	05:45	04:48	05:49	05:16
86	Hpsports Kmsolidários	Trio Masc	Curitiba	04:34	04:31	04:16	03:54	05:13	04:46	09:49	05:22	05:20	04:51	05:00	05:03	05:07	04:47	05:34	05:01
87	Natatorium Trio	Trio Masc	Florianópolis	05:12	04:28	05:23	05:29	04:09	05:32	10:16	05:08	06:05	05:40	04:54	05:23	06:15	04:33	05:48	05:25
88	GP Team	Trio Masc	Curitiba	04:24	04:24	04:16	04:40	04:17	04:33	08:42	05:38	05:46	05:07	05:36	04:55	05:25	05:48	05:55	05:08
89	Treisdoido	Trio Masc	Joinville	05:25	04:58	05:20	05:59	04:36	05:54	13:34	06:28	06:13	06:08	06:31	05:18	06:51	05:52	06:36	06:05
90	Doctorfit Runners	Trio Misto	Braço do Norte	04:57	04:45	05:30	05:12	04:37	06:03	10:44	06:45	06:58	06:05	06:00	05:34	06:39	05:31	06:06	05:54
91	Furukawa Gigalan	Trio Misto	Curitiba	03:52	03:36	04:10	04:28	03:03	04:22	07:40	03:49	04:48	04:26	04:11	04:11	04:45	05:48	04:48	04:15
92	Judisporte Trio	Trio Masc	Florianópolis	04:48	04:45	04:48	04:59	04:27	05:24	09:00	05:51	06:09	05:11	05:27	06:47	05:33	05:23	07:34	05:35
94	Momentum Surf	Trio Misto	Curitiba	04:22	04:55	05:05	04:32	04:47	05:28	08:31	05:45	06:25	04:22	05:53	05:15	04:49	05:33	05:50	05:17
95	DHK Crazy Runners	Trio Fem	Curitiba	04:19	04:35	04:19	04:34	04:12	04:42	09:17	05:13	05:18	04:34	04:55	04:24	04:48	04:41	04:45	04:48
96	Mulheres Poderosas da V	Trio Fem	Curitiba	04:44	04:37	04:34	05:07	04:25	04:52	10:07	05:21	05:50	05:04	05:11	04:56	05:20	04:58	05:32	05:11
98	Tribo Esporte / Manocchio	Trio Fem	Curitiba	04:36	04:47	04:21	04:47	04:23	04:33	13:32	05:04	05:54	04:47	05:12	04:33	05:05	04:43	05:47	05:09
99	Carpe Diem	Trio Fem	Curitiba	04:35	04:45	04:27	04:42	04:29	04:41	13:20	05:10	05:18	04:40	05:15	04:37	05:04	04:56	05:11	05:06
100	Run Lola Run - Caixa	Trio Fem	Blumenau	04:53	05:18	05:03	04:59	05:01	05:12	09:28	06:05	06:18	04:52	05:51	05:16	05:24	05:31	06:13	05:32
101	42k Trio Fem	Trio Fem	Joinville	05:48	05:31	05:29	06:01	05:15	05:54	12:03	06:47	06:50	05:43	06:26	06:09	06:41	06:18	06:21	06:16
102	Rainhas Meirelles Corrida	Trio Fem	Curitiba	05:26	05:01	05:31	05:20	05:12	05:41	09:07	05:51	06:57	05:48	05:43	05:29	06:20	05:33	06:05	05:47
103	Lunáticas	Trio Fem	Curitiba	05:43	05:46	05:12	06:03	05:40	05:48	11:15	07:08	06:08	06:01	06:43	05:35	06:34	06:13	05:40	06:11
104	Bpm Is All In 1	Trio Vet	Curitiba	03:59	02:53	05:18	04:13	03:20	04:08	07:08	03:47	04:42	03:58	03:55	05:59	04:25	03:41	04:41	04:06
105	Corja - Trio Veterano	Trio Vet	Jaraguá do Sul	04:23	03:57	04:57	04:33	04:02	04:26	08:23	04:53	04:59	04:39	05:11	04:17	05:07	04:46	05:07	04:45
106	Nativos da Ilha	Trio Vet	São F.do Sul	04:30	04:51	04:14	04:37	04:38	04:31	06:54	05:12	05:13	04:37	05:36	04:31	05:17	05:10	05:26	04:56
107	42k Trio Vet. 2	Trio Vet	Joinville	04:35	04:17	04:26	04:43	04:01	04:56	08:29	04:52	05:19	04:39	04:56	04:58	05:05	04:21	05:02	04:50